# Stratford District Children & Family Centre Timetable **Booking Essential** Please call your local Centre - Tel. Numbers below



Monday

Tuesday

Wednesday

Thursday

Friday

# Story Time

Early Years Video Find on Facebook

Story every week read by one of our team

#### **Alcester C&FC**

Baby Massage 11:30am -12:30pm Currently FULL

**Baby Massage** 

1.30pm - 2.30pm Currently FULL

#### Community Chat

First Tuesday of every Month Find out what is going on in Stratford District. Short interviews on our Facebook page with members of our Local Network Groups.

For more information on Community Development please call Graham Lowther 07594510678

# Family Learning

Ideas & Activities on Facebook

#### **Lighthorne Heath C&FC**

**Baby Time** 

10:00am - 11:00am

#### Stratford C&FC

**Baby Time** 

10:00am - 11:00am **Coming soon!** 

#### Alcester C&FC

Baby Chatter Matters 10:00am - 11:00am

# The Grange Hall, Southam

**Baby Chatter Matters** 

1:30pm - 2:30pm

**Bookstart** 

2:45pm - 3:45pm

**Baby Massage** 

2:45pm - 3:45pm

# **Badger Valley, Shipston**

Baby Massage 1:30pm - 2:30pm

Baby Chatter Matters

3:00pm - 4:00pm

#### Baby Time

Early Years Video Find on Facebook

Activities and ideas for you to try at home with your baby

#### Stratford C&FC

**Baby Massage** 

10:00am - 11:00am Currently FULL

#### Alcester C&FC

**Toddler Chatter Matters** 

09:30am-10:30am 11:00—12:00pm *Currently FULL* 

# **Outdoor Stay & Play**

#### **Lighthorne Heath C&FC**

Outdoor-Indoor Stay & Play 2:00-3:00pm

#### Stratford C&FC

Outdoor Stay & Play

2:00pm - 3:00pm

#### Alcester C&FC

Outdoor Stay & Play 2:00pm - 3:00pm

Please remember to wear suitable clothing for all weathers

# Toddler Time

Early Years Video Find on Facebook

Activities and ideas for you to try at home with your toddler

#### **Lighthorne Heath C&FC**

Toddler Time

10:00am - 11:00am

#### **Lighthorne Heath C&FC**

**Baby Chatter Matters** 

1.30pm - 2.30pm

# Early Years Video

Find on Facebook

Makaton
Sign of the Week

#### Stratford C&FC

Baby Chatter Matters 10:00am - 11:00am

Currently FULL

Toddler Chatter Matters 1:30pm – 2:30pm Currently FULL

# **Booking Sessions**

Sessions have very limited numbers. **Please book as soon as** 

you can to avoid

disappointment. We can always add you to the next Course dates. Sessions FREE OF CHARGE

Alcester 01789 764093

Lighthorne Heath

01926 691105

Stratford 01789 266624



#### **Venue Contact Details**

#### Stratford C&FC

c/o Bishopton Primary School Drayton Avenue Stratford upon Avon CV37 9PB

#### Tel: 01789 266624

#### Lighthorne Heath C&FC

Stratford Road Lighthorne Heath CV33 9TW Tel: 01926 691105

# The Grange Hall

Coventry Road Southam CV47 1QA

#### Alcester C&FC

c/o St. Nicholas CE Primary School St Faiths Road Alcester B49 6AG Tel: 01789 764093

#### **Badger Valley Outreach**

Tileman Road Shipston on Stour CV34 4HP

#### Children's Speech and Language Therapy

If you have concerns regarding your child's speech and language the team are available for telephone consultations

Get in touch to book a call on 02476 378620

Follow the links for free online parenting guides to understanding your child's behaviour:

https://familylinks.org.uk/parents
https://www.warwickshire.gov.uk/parentingcourses
https://warwickshire.gov.uk/parentingcourses

For support around debt, housing, finance or information around childcare; children & young people please contact the Family Information

Service on 01926 742274 or visit:

www.warwickshire.gov.uk/fis

#### **Activity Information**

#### **Pre-booked Sessions**

**Baby Time:** Relax, play and socialise with your baby in a friendly, informal environment. **Toddler Time:** Join in fun sensory sessions with different weekly play & singing activities.

**Baby Massage:** 5 week programme teaching parents the skills of massage which has many benefits for baby & helps to create a close bond, suitable from newborn.

**Baby Chatter Matters:** 5 week course of fun through songs, rhymes and sensory activities for babies to support their early communication skills. suitable from 3 months +

**Toddler Chatter Matters:** 5 week course of fun through songs, rhymes, stories & activities for toddlers to help develop their speech, language & communication skills.

**Bookstart:** 4 week course covering songs & rhymes, sharing books together, routines & mark making. Suitable for 1-2 yrs of age. **Wellcomm screens:** A speech & language toolkit which can pinpoint areas in your child's speech which can be enhanced with targeted activities to help your child speak clearly and with confidence.

Speech & Language: Discuss your child's speech and language development with the Speech & Language Therapist.

Health Visiting Team Clinic: Talk to a trained health care professional about any family health or developmental concerns and/or get your child weighed. If your child is ill please contact your GP. Prebooked appointments, please contact your Health Visitor to arrange.

#### **Health Visiting Team Contact Numbers**

Stratford - 01789 405122

Shipston & Wellesbourne - 01789 412844

Alcester, Bidford on Avon, Studley & Henley - 01926 567098

Southam - 01926 815045

For more information regarding Health Visiting Team Clinics in the South please visit: <a href="https://www.swft.nhs.uk/our-services/children-and-young-peoples-services/health-visiting">https://www.swft.nhs.uk/our-services/children-and-young-peoples-services/health-visiting</a>

# Other Services - Please ask a member of Staff for more information

#### Midwifery

Postnatal & Antenatal Clinics.
Appointment only.

# Family & Adult Learning Courses

Free courses for families children (2-7 years) offering opportunities to explore early learning developments.

Health Visiting Team
Introduction to Solids
Please contact your local Health Visiting

# Parenting Courses Warwickshire Children and Families

Virtual courses booked through Eventbrite

https://www.eventbrite.co.uk/o /warwickshire-children-andfamilies-17595309993

#### **Physio Advice Clinic**

If you have concerns with pre-school child's physical development.

01926 413737 Option 1

# **Eurensis Workshop**

By invitation only - following a referral, an information session for parents to support children with bedwetting problems.

# Save a Baby's Life & Save a Toddler's Life

Learn Basic Life Saving Techniques.
Please contact your local Children & Family
Centre for more information.

# Parenting Project

Counselling Service, Lego Therapy, Family Support for families with children 0-19(25) & New Baby Programme.