

Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>Studley Village Hall</b></p> <p><b>Baby Massage</b></p> <p>12:30pm—1:30pm</p> <p><b>Baby Chatter Matters</b></p> <p>2:00pm—3:00pm</p> <p><i>Phone Centre to book</i></p>	<p><b>Lighthorne Heath C&amp;FC</b></p> <p><b>Baby Time</b></p> <p>10:00am - 11:00am</p> <p><i>Book via Eventbrite</i></p>	<p><b>The Grange Hall, Southam</b></p> <p><b>Toddler Chatter Matters</b></p> <p>10:00am - 11:00am</p> <p><b>Baby Massage</b></p> <p>11:15am —12:15pm</p> <p><i>Phone Centre to book</i></p>	<p><b>Wellesbourne Library</b></p> <p><b>Toddler Chatter Matters</b></p> <p>10:00am - 11:00am</p> <p><i>Phone Centre to book</i></p>	<p><b>Stratford C&amp;FC</b></p> <p><b>Baby Massage</b></p> <p>09:30am—10:30am</p> <p><b>Baby Chatter Matters</b></p> <p>11:00am - 12:00pm</p> <p><i>Phone Centre to book</i></p>	
<p><b>Booking Essential</b></p> <p>Sessions <b>FREE OF CHARGE</b></p> <p>To book on please call your local Centre. Please note that some of our courses are bookable on Eventbrite only. Please use the QR code or the link below.</p> <p><a href="https://www.eventbrite.co.uk/o/stratford-district-children-and-family-centres-49498983293">https://www.eventbrite.co.uk/o/stratford-district-children-and-family-centres-49498983293</a></p> 	<p><b>Stratford C&amp;FC</b></p> <p><b>Toddler Chatter Matters</b></p> <p>10:00am - 11:00am</p> <p><i>Phone Centre to book</i></p>	<p><b>Alcester C&amp;FC</b></p> <p><b>Let's Play</b></p> <p>10:00am—11:30am</p> <p><i>Book via Eventbrite</i></p>	<p><b>Badger Valley, Shipston</b></p> <p><b>Toddler Chatter Matters</b></p> <p>10:00am - 11:00am</p> <p><b>Baby Massage</b></p> <p>11:30am - 12:30pm</p> <p><i>Phone Centre to book</i></p>	<p><b>Stratford C&amp;FC</b></p> <p><b>English as a Second Language Chat &amp; Play</b></p> <p>1st Friday of the month</p> <p>1:30pm - 2:30pm</p> <p><i>Phone Centre to book</i></p>	
	 <p><b>Badger Valley, Shipston</b></p> <p><b>Let's Play</b></p> <p>1:15pm - 2:45pm</p> <p><i>Book via Eventbrite</i></p>	<p><b>Lighthorne Heath C&amp;FC</b></p> <p><b>Let's Play</b></p> <p>2:00pm - 3:00pm</p> <p><i>Book via Eventbrite</i></p>	<p><b>Lighthorne Heath C&amp;FC</b></p> <p><b>Toddler Chatter Matters</b></p> <p>1:30pm - 2:30pm</p> <p><i>Phone Centre to book</i></p>	<p><b>Stratford C&amp;FC</b></p> <p><b>English as a Second Language Chat &amp; Play</b></p> <p>1st Friday of the month</p> <p>1:30pm - 2:30pm</p> <p><i>Phone Centre to book</i></p>	<p><b>Alcester C&amp;FC</b></p> <p><b>Baby Massage</b></p> <p>12:30pm - 1:30pm</p> <p><b>Talk &amp; Play</b></p> <p>2:00pm—3:00pm</p> <p><i>Phone Centre to book</i></p>
	<p><b>Lighthorne Heath C&amp;FC</b></p> <p><b>Baby Massage</b></p> <p>2:00pm - 3:00pm</p> <p><i>Phone Centre to book</i></p>	<p><b>Stratford C&amp;FC</b></p> <p><b>Let's Play</b></p> <p>2:00pm - 3:30pm</p> <p><i>Book via Eventbrite</i></p>	<p><b>Stratford C&amp;FC</b></p> <p><b>Baby Time</b></p> <p>2:00pm - 3:00pm</p> <p><i>Book via Eventbrite</i></p>	<p><b>Stratford C&amp;FC</b></p> <p><b>Baby Time</b></p> <p>2:00pm - 3:00pm</p> <p><i>Book via Eventbrite</i></p>	<p><b>Alcester C&amp;FC</b></p> <p><b>Baby Massage</b></p> <p>12:30pm - 1:30pm</p> <p><b>Talk &amp; Play</b></p> <p>2:00pm—3:00pm</p> <p><i>Phone Centre to book</i></p>

**Monthly Community Chats— Find out what is going on in Stratford District**  
Short interviews on our Facebook page with members of our Children and Family Partnerships. Got an idea you want to share or discuss please call **Graham Lowther, Community Development Worker** on 07594510678

## Venue Contact Details

**Stratford C&FC**  
c/o Bishopton Primary  
School  
Drayton Avenue  
Stratford upon Avon  
CV37 9PB  
Tel: 01789 266624

**Badger Valley Outreach**  
Tilemans Lane  
Shipston on Stour  
CV36 4HP  
Tel: 01789 266624

**Lighthorne Heath C&FC**  
Stratford Road  
Lighthorne Heath  
CV33 9TW  
Tel: 01926 691105

**The Grange Hall**  
Coventry Road  
Southam  
CV47 1QA  
Tel: 01926 691105

**Alcester C&FC**  
c/o St. Nicholas CE Primary  
School  
St Faiths Road  
Alcester  
B49 6AG  
Tel: 01789 764093

**Studley Village Hall**  
High Street  
Studley  
B80 7HJ  
Tel: 01789 764093

Follow the links for **free online parenting guides** to understanding your child's behaviour: <https://familylinks.org.uk/parents>

<https://www.warwickshire.gov.uk/parentguides>

<https://warwickshire.gov.uk/parentingcourses>

For support around debt, housing, finance or information around childcare; children & young people please contact the **Family Information Service on 01926 742274** or visit:

[www.warwickshire.gov.uk/fis](http://www.warwickshire.gov.uk/fis)

**Citizen Advice South Warwickshire appointments at Lighthorne Heath Children and Family Centre every Tuesday.**

Please contact the centre to book on - **01926 691105**

### Adult & Community Learning Courses

A wide range of courses and learning opportunities to adults and families across Warwickshire

<https://www.warwickshire.gov.uk/adultlearningandtrainingcourses>

### Physio Advice Clinic

If you have concerns with pre-school child's physical development.

**01926 413737**

### Refuge

**08004 081552**

## Activity Information

**Baby Time:** Relax, play and socialise with your baby in a friendly, informal environment, suitable from newborn

**Baby Massage:** 5 week programme teaching parents the skills of massage which has many benefits for baby & helps to create a close bond, suitable from newborn

**Baby Chatter Matters:** 5 week course of fun through songs, rhymes and sensory activities for babies to support their early communication skills, suitable from 5 months +

**Toddler Chatter Matters:** 6 week course of fun through songs, rhymes, stories & activities for toddlers to help develop their speech, language & communication skills .

**Let's Play:** These sessions are aimed at toddlers, offering language enrichment learning through play. The course incorporates paint and print, messy play, malleable play, sound and music and outdoor play.

**Wellcomm screens:** A speech & language toolkit which can pinpoint areas in your child's speech which can be enhanced with targeted activities to help your child speak clearly and with confidence

**Bookstart Corner:** A 4 week course aimed at children aged between one and two and a half years. Each week covers a different theme – Books, Rhymes, Puppets, Talking about Library

**Dads in the Room:** A monthly session offered to encourage dads and their babies and toddlers up to the age of 2 to attend. It is an informal opportunity for dads to chat in a play setting and for babies and toddlers to explore the environment.

**Talk & Play:** 4 week course, small group, using different targeted activities to develop speech language and communication.

**Speech & Language :** If you have concerns regarding your child's speech and language the team are available for telephone consultations.

Get in touch to book on 01789 405100 ext 346 or email [SLT.AdminSouth@swft.nhs.uk](mailto:SLT.AdminSouth@swft.nhs.uk)

### Health Visiting Team Clinic

Talk to a trained health care professional about any family health or developmental concerns and/or get your child weighed. If your child is ill please contact your GP. **Prebooked appointments, please contact your Health Visitor to arrange.**

For more information regarding Health Visiting Team Clinics in the South please visit:

<https://www.swft.nhs.uk/our-services/children-and-young-peoples-services/health-visiting>

Stratford - 01789 405122

Shipston & Wellesbourne - 01789 412844

Southam - 01926 815045

Alcester, Bidford on Avon, Studley & Henley - 01926 567098

## Other Services - Please ask a member of Staff for more information

### Midwifery

Postnatal & Antenatal Clinics.  
Appointment only

**01926 495321 Ext 6976/6977**

### Infant Feeding Team—

**01926 495321 Ext 8584**

### Safeguarding Concerns

Warwickshire Children and Families

**Front Door- 01926 414144**

(Mon-Thu 8.30am– 5.30pm, Fri 8.30am– 5pm)

### Emergency Duty Team

(out of hours only)- **01926 886922**

### Warwickshire Health Visiting Team Text Chat Service

Advice & support for parents of pre-school children in Warwickshire

**TEXT: 07520 615293** (9am - 5pm Monday to Friday)

**Advice Duty Line number is – 01926 567143**

Health Visiting Team  
**Introduction to Solids**  
Please contact your local Health Visiting

**Free Virtual First Aid Courses**  
Learn Basic Life Saving Techniques.  
Please contact your local Children & Family Centre for more information.

**Parenting Courses**  
Warwickshire Children and Families  
Virtual free courses booked through Eventbrite  
<https://www.eventbrite.co.uk/o/warwickshire-re-children-and-families-17595309993>

**Parenting Project**  
Counselling Service, Lego Therapy, Family Support for families with children 0-19(25) & New Baby Programme.  
**Parentingproject.org.uk**