

Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>Alcester C&amp;FC</b></p> <p><b>Baby Massage</b> 12:30pm - 1:30pm</p> <p><b>Toddler Chatter Matters</b> 2:00pm—3:00pm</p> <p><b>Baby Chatter Matters</b> 3:30pm—4:30pm</p> <p><i>Phone Centre to book</i></p>	<p><b>Lighthorne Heath C&amp;FC</b></p> <p><b>Baby Time</b> 10:00am - 11:00am <i>Book via Eventbrite</i></p> <p><b>Stratford C&amp;FC</b></p> <p><b>Toddler Chatter Matters</b> 10:00am - 11:00am <i>Phone Centre to book</i></p>	<p><b>The Grange Hall, Southam</b></p> <p><b>Baby Chatter Matters</b> 10:00am –11:00am</p> <p><b>Baby Massage</b> 11:15am —12:15pm</p> <p><i>Phone Centre to book</i></p>	<p><b>Wellesbourne Library</b></p> <p><b>Toddler Chatter Matters</b> 10:00am - 11:00am <i>Phone Centre to book</i></p> <p><b>Badger Valley, Shipston</b></p> <p><b>Toddler Chatter Matters</b> 10:00am - 11:00am</p> <p><b>Baby Massage</b> 11:30am - 12:30pm <i>Phone Centre to book</i></p>	<p><b>Stratford C&amp;FC</b></p> <p><b>Baby Massage</b> 09:30am—10:30am</p> <p><b>Baby Chatter Matters</b> 11:00am - 12:00pm <i>Phone Centre to book</i></p> <p><b>Stratford C&amp;FC</b></p> <p><b>English as a Second Language Chat &amp; Play</b> <i>1st Friday of the month</i> 1:30pm - 2:30pm <i>Phone Centre to book</i></p>	
<p><b>Booking Essential</b></p> <p>Sessions <b>FREE OF CHARGE</b></p> <p>To book on please call your local Centre. Please note that some of our courses are bookable on Eventbrite only. Please use the QR code or the link below.</p> <p><a href="https://www.eventbrite.co.uk/o/stratford-district-children-and-family-centres-49498983293">https://www.eventbrite.co.uk/o/stratford-district-children-and-family-centres-49498983293</a></p> 	 <p><b>Badger Valley, Shipston</b></p> <p><b>Let's Play</b> 1:15pm –2:45pm <i>Book via Eventbrite</i></p>	<p><b>Alcester C&amp;FC</b></p> <p><b>Let's Play</b> 10:00am—11:30am <i>Book via Eventbrite</i></p>	<p><b>Lighthorne Heath C&amp;FC</b></p> <p><b>Let's Play</b> 2:00pm - 3:00pm <i>Book via Eventbrite</i></p>	<p><b>Studley Village Hall</b></p> <p><b>Baby Massage</b> 1:30pm—2:30pm</p> <p><b>Toddler Chatter Matters</b> 3:00pm—4:00pm <i>Phone Centre to book</i></p>	
	<p><b>Lighthorne Heath C&amp;FC</b></p> <p><b>Baby Massage</b> 1:15pm –2:15pm</p> <p><b>Baby Chatter Matters</b> 2:45pm –3:45pm <i>Phone Centre to book</i></p>	<p><b>Stratford C&amp;FC</b></p> <p><b>Let's Play</b> 2:00pm - 3:30pm <i>Book via Eventbrite</i></p>	<p><b>Lighthorne Heath C&amp;FC</b></p> <p><b>Toddler Chatter Matters</b> 1:00pm - 2:00pm <i>Phone Centre to book</i></p>	<p><b>Stratford C&amp;FC</b></p> <p><b>Baby Time</b> 2:00pm - 3:00pm <i>Book via Eventbrite</i></p>	<p>For up-to-date information on your local Children and Family Centre, please follow us on</p> <p>Stratfordcfc</p> <p>Stratford-upon-Avon District Children and Family Centres</p>
	<p><b>Monthly Community Chats — Find out what is going on in Stratford District</b> Short interviews on our Facebook page with members of our Children and Family Partnerships. Got an idea you want to share or discuss please call Graham Lowther, Community Development Worker on 07594510678</p>				

## Venue Contact Details

**Stratford C&FC**  
c/o Bishopton Primary  
School  
Drayton Avenue  
Stratford upon Avon  
CV37 9PB  
Tel: 01789 266624

**Badger Valley Outreach**  
Tilemans Lane  
Shipston on Stour  
CV36 4HP  
Tel: 01789 266624

**Lighthorne Heath C&FC**  
Stratford Road  
Lighthorne Heath  
CV33 9TW  
Tel: 01926 691105

**The Grange Hall**  
Coventry Road  
Southam  
CV47 1QA  
Tel: 01926 691105

**Alcester C&FC**  
c/o St. Nicholas CE Primary  
School  
St Faiths Road  
Alcester  
B49 6AG  
Tel: 01789 764093

**Studley Village Hall**  
High Street  
Studley  
B80 7HJ  
Tel: 01789 764093

Follow the links for **free online parenting guides** to understanding your child's behaviour: <https://familylinks.org.uk/parents>

<https://www.warwickshire.gov.uk/parentguides>

<https://warwickshire.gov.uk/parentingcourses>

For support around debt, housing, finance or information around childcare; children & young people please contact the **Family Information Service on Freephone 0800 408 1558** or visit:

[www.warwickshire.gov.uk/fis](http://www.warwickshire.gov.uk/fis)

**Citizen Advice** South Warwickshire appointments at **Lighthorne Heath Children and Family Centre** every Tuesday.

Please contact the centre to book on - **01926 691105**

### Adult & Community Learning Courses

A wide range of courses and learning opportunities to adults and families across Warwickshire

<https://www.warwickshire.gov.uk/adultlearningandtrainingcourses>

### Physio Advice Clinic

If you have concerns with pre-school child's physical development.

**01926 413737**

### Refuge

**08004 081552**

### Safeguarding Concerns

Warwickshire Children and Families

**Front Door- 01926 414144**

(Mon-Thu 8.30am– 5.30pm, Fri 8.30am– 5pm)

### Emergency Duty Team

(out of hours only)- **01926 886922**

### Midwifery

Postnatal & Antenatal Clinics.  
Appointment only

**01926 495321 Ext 6976/6977**

### Infant Feeding Team—

**01926 495321 Ext 8584**

## Activity Information

**Baby Time:** Relax, play and socialise with your baby in a friendly, informal environment, suitable from newborn

**Baby Massage:** 5 week programme teaching parents the skills of massage which has many benefits for baby & helps to create a close bond, suitable from newborn

**Baby Chatter Matters:** 5 week course of fun through songs, rhymes and sensory activities for babies to support their early communication skills, suitable from 5 months +

**Toddler Chatter Matters:** 6 week course of fun through songs, rhymes, stories & activities for toddlers to help develop their speech, language & communication skills .

**Let's Play:** These sessions are aimed at toddlers, offering language enrichment learning through play. The course incorporates paint and print, messy play, malleable play, sound and music and outdoor play.

**Wellcomm screens:** A speech & language toolkit which can pinpoint areas in your child's speech which can be enhanced with targeted activities to help your child speak clearly and with confidence

**Bookstart Corner:** A 4 week course aimed at children aged between one and two and a half years. Each week covers a different theme – Books, Rhymes, Puppets, Talking about Library

**Dads in the Room:** A monthly session offered to encourage dads and their babies and toddlers up to the age of 2 to attend. It is an informal opportunity for dads to chat in a play setting and for babies and toddlers to explore the environment.

**Talk & Play:** 4 week course, small group, using different targeted activities to develop speech language and communication.

**Speech & Language :** If you have concerns regarding your child's speech and language the team are available for telephone consultations.

Get in touch to book on 01789 405100 ext 346 or email [SLT.AdminSouth@swft.nhs.uk](mailto:SLT.AdminSouth@swft.nhs.uk)

### Health Visiting Team Clinic

Talk to a trained health care professional about any family health or developmental concerns and/or get your child weighed. If your child is ill please contact your GP. **Prebooked appointments, please contact your Health Visitor to arrange.**

For more information regarding Health Visiting Team Clinics in the South please visit:

<https://www.swft.nhs.uk/our-services/children-and-young-peoples-services/health-visiting>

Stratford - 01789 405122

Shipston & Wellesbourne - 01789 412844

Southam - 01926 815045

Alcester, Bidford on Avon, Studley & Henley - 01926 567098

## Other Services - Please ask a member of Staff for more information

### Warwickshire Health Visiting Team Text Chat Service

Advice & support for parents of pre-school children in Warwickshire

**TEXT: 07520 615293** (9am - 5pm Monday to Friday)

**Advice Duty Line number is – 01926 567143**

### Health Visiting Team Introduction to Solids

Please contact your local Health Visiting

### Free Virtual First Aid Courses

Learn Basic Life Saving Techniques.  
Please contact your local Children & Family Centre for more information.

### Parenting Courses

Warwickshire Children and Families

Virtual free courses booked through Eventbrite

<https://www.eventbrite.co.uk/o/warwickshire-children-and-families-17595309993>

### Parenting Project

Counselling Service, Lego Therapy, Family Support for families with children 0-19(25) & New Baby Programme.

[Parentingproject.org.uk](http://Parentingproject.org.uk)