



PE Long Term Plan

	TERM 1		TERM 2		TERM 3	
<b>Nursery</b>	Gymnastics : Unit 1	Yoga		Ball Skills : Unit 1		
<b>Reception</b>	Gymnastics : Unit 1	Yoga		Ball Skills : Unit 1		
<b>Year 1</b>	Fundamentals	Dance Fundamentals	COV RUGBY Sending and Receiving	Gymnastics Cov Rugby	Striking and Fielding Games COV RUGBY	Target Games
<b>Year 2</b>	Fundamentals	Ball Skills Fundamentals	Sending and Receiving COV RUGBY	Gymnastics Cov Rugby	Striking and Fielding Games COV RUGBY	Target Games
<b>Year 3</b>	Hockey COV RUGBY	Handball Fundamentals Y3/4	Fitness Ball Skills Y3/4	OAA Basketball	Athletics Rounders	Swimming
<b>Year 4</b>	Netball	Gymnastics	Tennis Cov Rugby	Hockey Cov Rugby	Swimming	Athletics
<b>Year 4</b>	Netball	Gymnastics	Tennis Cov Rugby	Hockey Cov Rugby	Swimming	Athletics
<b>Year 5</b>	Netball	Gymnastics	Hockey COV RUGBY	Swimming Basketball	Athletics	Rounders
<b>Year 5</b>	Netball	Gymnastics	Hockey COV RUGBY	Swimming Basketball	Athletics	Rounders
<b>Year 6</b>	Rounders	Tennis COV RUGBY	Swimming Dodgeball	Fitness Cov Rugby	Athletics	Rounders